

Gator's Cafe

Breakfast

December 3 - 7, 2018

Monday

Whole Grain Crumb Square
Mini French Toast Bites
Cereal with String Cheese

Tuesday

Bagel with Cream Cheese
Ham and Cheese Muffin
Cereal with Crackers

Wednesday

Warm Cinnamon Roll
Pancake Sausage Dog
Cereal with String Cheese

Thursday

Breakfast Muffin
Sausage, Egg and Cheese Biscuit
Cereal with Crackers

Friday

Whole Wheat Breakfast Bar
Breakfast Pizza Bagel
Cereal with String Cheese

Every day choose one Entrée plus

One fruit and/or a Milk:

Seasonal fruit or 100% 4 oz. Fruit Juice

Nonfat Milk or 1% Milk

Menu is subject to change due to availability of product and allergies.
A minimum of 1/2 cup fruit or juice are offered daily
with an option of having low-fat or nonfat milk.

Gator's Cafe

Breakfast

December 10 - 14, 2018

Monday

Pan Dulce
Bean and Cheese Burrito
Cereal with Yogurt

Tuesday

Peanut Butter and Jelly Bar
Biscuit Chicken and Cheese Slider
Cereal with Crackers

Wednesday

Whole Wheat Breakfast Honey Bun
Mini Pancakes
Cereal with Yogurt

Thursday

Bagel and Cream Cheese
Ham and Cheese Muffin
Cereal with Crackers

Friday

Breakfast Muffin
Breakfast Sausage Pizza
Cereal with Yogurt

Every day choose one Entrée plus

One fruit and/or a Milk:

Seasonal fruit or 100% 4 oz. Fruit Juice

Nonfat Milk or 1% Milk

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with an option of having low-fat or nonfat milk.

Gator's Cafe

Breakfast

December 17 - 21, 2018

Monday

Mini Cinnis
Breakfast Pizza Bagel
Cereal with String Cheese

Tuesday

Whole Grain Crumb Square
Ham, Egg and Cheese Muffin, Spudsters
Cereal with Crackers

Wednesday

Pan Dulce
Bean and Cheese Burrito
Cereal with String Cheese

Thursday

Whole Wheat Breakfast Bar
Sausage and Cheese Biscuit
Cereal with Crackers

Friday

**End of First Semester
Middle/High School Not in Session**

Every day choose one Entrée plus
One fruit and/or a Milk:
Seasonal fruit or 100% 4 oz. Fruit Juice
Nonfat Milk or 1% Milk

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A minimum of 1/2 cup fruit or juice are offered daily
with an option of having low-fat or nonfat milk.